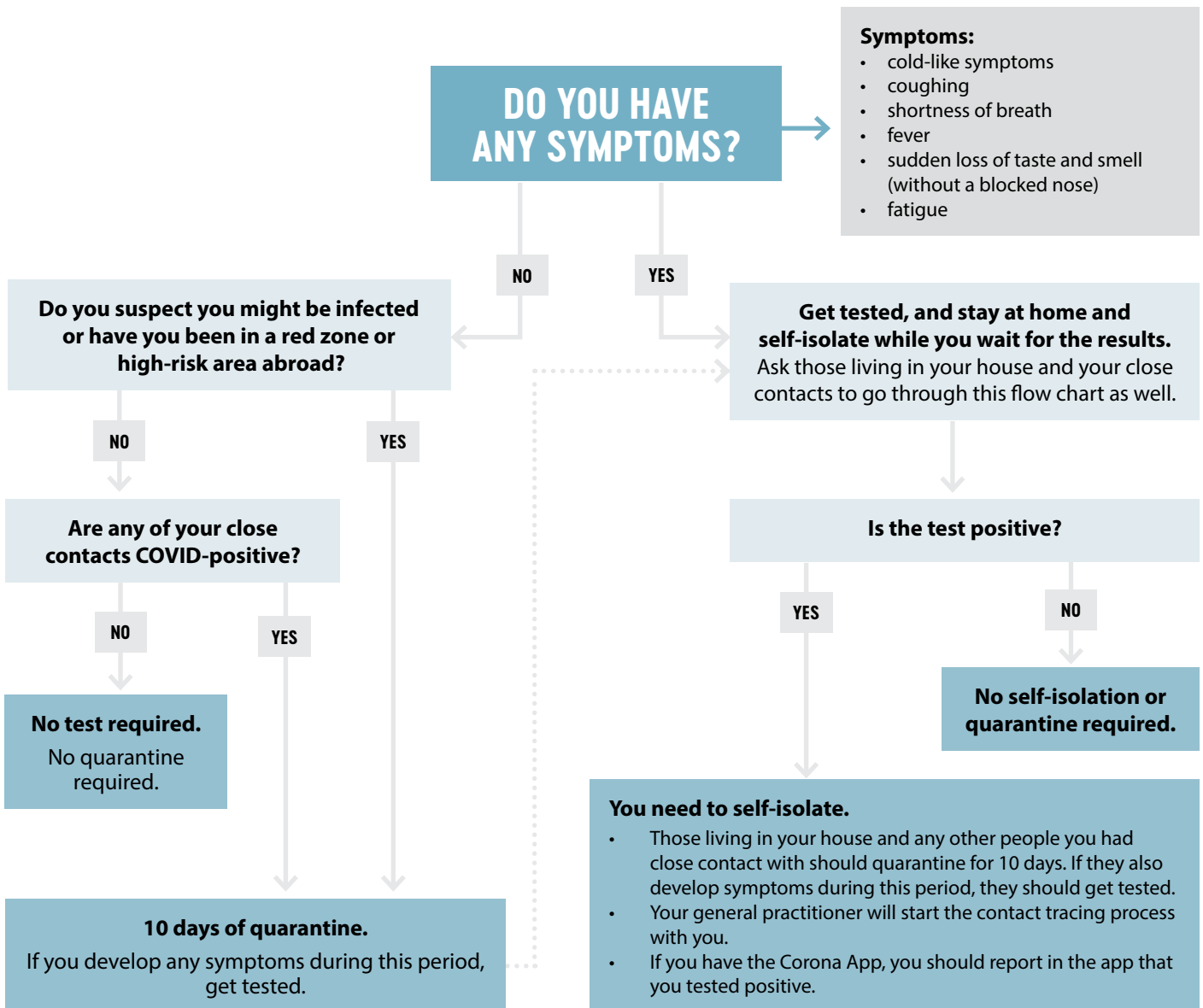


When do you need to get tested?

When do you need to quarantine or self-isolate?



What is the difference between quarantine and self-isolation?

Quarantine

If someone you were in close contact with tested positive for COVID-19 (= you are a high-risk contact), you have to go in quarantine. This lasts for 10 days from the last contact you had with the infected person or until you get negative test results. As you may be infected, you must stay at home without receiving visitors. Exceptions apply to healthcare staff and security officers.

After your quarantine, you need to be extra careful for another 4 days.

Self-isolation

You need to self-isolate if you have tested positive for COVID-19. Isolation lasts for at least 7 days, from the start of your symptoms. You can only get out of isolation if you do not have a fever for 3 days and your symptoms have clearly improved. You are considered "infectious."

Always follow the 6 golden rules!



Respect the hygiene measures



Hold activities outdoors when possible



Look out for vulnerable people



Maintain your distance (1.5 m)



Limit your close contacts



Follow the rules about gatherings